

100K Honolulu Mele Metric

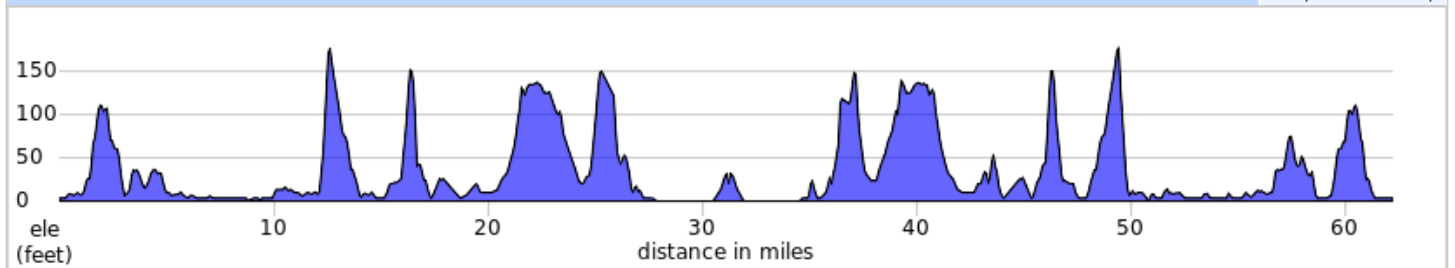
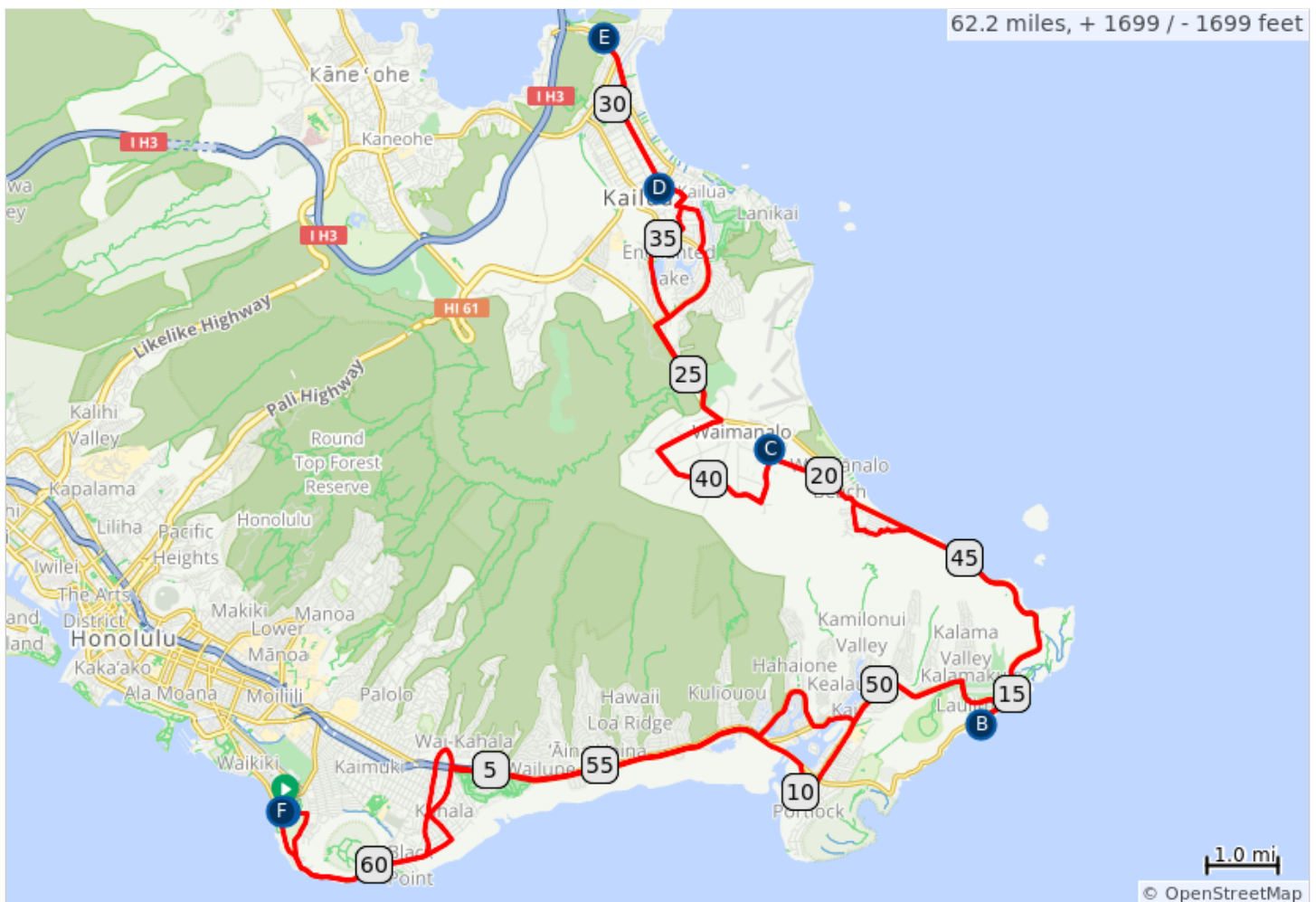


Ride Start: Kapiolani Park Bandstand Parking Lot

This route follows parts of the iconic Honolulu Century Ride course.

Additional notes: You will be sharing the road with vehicles, pedestrians, potholes and other obstacles. It's always a good idea to use front and back lights as well as brightly colored jerseys and socks for increased visibility to other road users.

A.	Ride Start	D.	Kailua District Park
B.	Sandy Beach Park	E.	Aikahi Community Park
C.	Waimanalo Regional Park	F.	100k Ride finish



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Num	Dist	Type	Note
1.	0.0		Start of route
2.	0.0		Ride Start: Kapiolani Park Bandstand parking lot on Monsarrat Ave.
3.	0.4		R onto Paki Avenue
4.	1.5		Keep R onto Diamond Head Road
5.	2.5		Keep R onto Kahala Avenue
6.	3.0		Keep L onto Elepaio Street
7.	3.6		R onto Kilauea Avenue
8.	4.4		Keep R onto Waiialae/on ramp to Kalaniana'ole Highway
9.	9.6		R onto Portlock Road
10.	9.6		L onto Portlock Road

9.6 miles. +162/-162 feet

Num	Dist	Type	Note
11.	10.0		Sharp L onto Lunalilo Home Road
12.	12.1		R onto Hawai'i Kai Drive
13.	13.2		R onto Kealahou Street
14.	14.0		R onto Kalaniana'ole Highway, HI 72
15.	14.2		L to Sandy Beach Park 40K (25 mile) turn around
16.	14.5		R onto Kalaniana'ole Highway, HI 72
17.	19.6		L onto Oluolu Street
18.	20.1		L onto Hihimanu Street
19.	20.9		L onto Ahiki Street
20.	21.5		R onto Waikupanaha Street

11.9 miles. +445/-352 feet

Num	Dist	Type	Note
21.	23.2		R onto Kumuhau Street
22.	24.2		Sharp L onto Kalaniana'ole Highway, HI 72
23.	25.9		R onto Keolu Drive
24.	27.3		R onto Wanaao Road
25.	28.2		Sharp R onto Kailua Road
26.	28.4		L onto South Kainalu Drive
27.	30.1		R onto Kainui Drive
28.	30.4		L onto North Kalaheo Avenue
29.	31.2		R into park 100K turn around
30.	31.3		L onto Kaneohe Bay Drive

9.7 miles. +166/-242 feet

Num	Dist	Type	Note
31.	32.0		Sharp R onto Kainui Drive
32.	32.3		L onto North Kainalu Drive
33.	34.1		R onto Kailua Road
34.	34.3		Sharp L onto Wanaao Road
35.	34.3		Sharp R onto Awakea Road
36.	34.5		L onto Ka Awakea Road
37.	34.7		R onto Papalani Street
38.	34.8		R onto Keolu Drive
39.	36.2		R onto Keolu Drive
40.	36.4		L onto Kalaniana'ole Highway, HI 72
41.	38.1		Sharp R onto Kumuhau Street

6.8 miles. +184/-161 feet

Num	Dist	Type	Note
42.	38.6	↑	Continue onto Kumuhau Street
43.	39.1	←	L onto Waikupanaha Street
44.	40.8	←	L onto Ahiki Street
45.	41.4	→	R onto Hihimanu Street
46.	42.2	→	R onto Oluolu Street
47.	42.7	→	R onto Kalaniana'ole Highway, HI 72
48.	42.8	→	R onto Nakini Street
49.	43.2	←	L onto Huli Street
50.	43.3	→	R onto Poliala Street
51.	43.6	→	R onto Nalu Street
52.	43.7	→	R onto Bell Street
53.	44.0	→	R onto Kalaniana'ole Highway, HI 72

5.9 miles. +120/-186 feet

Num	Dist	Type	Note
54.	47.9	→	R onto Kealahou Street
55.	48.7	←	L onto Hawaii Kai Drive
56.	49.8	←	L onto Lunalilo Home Road
57.	50.6	→	R onto Wailua Street
58.	51.0	←	L onto Hawai'i Kai Drive
59.	51.2	↗	Keep R
60.	51.3	↑	Continue onto Hawai'i Kai Drive
61.	52.7	→	R onto Kalaniana'ole Highway, HI 72
62.	56.9	↗	Keep R to off ramp
63.	57.1	→	R onto Kilauea Avenue
64.	57.4	←	L onto Hunakai Street
65.	58.9	→	R onto Kahala Avenue

14.9 miles. +274/-278 feet

Num	Dist	Type	Note
66.	59.8	↑	Continue onto Diamond Head Road
67.	61.3	↖	Keep L onto Kalākaua Avenue
68.	61.4	↑	At roundabout, take exit 1 onto Kalākaua Avenue
69.	62.1	→	R onto Monsarrat Avenue
70.	62.2	→	R into parking lot
71.	62.2	<i>i</i>	100K Ride End Congratulations!
72.	62.2	📍	End of route

3.3 miles. +41/-105 feet