



**HBL Members or Non-Members**: Please read and sign this waiver. In consideration of being permitted to participate in this HBL sponsored event, I (for myself, my heirs, executors, administrators, and assigns) waive, release and discharge all claims for damages resulting from death, personal injury or property damage as a result of my participation. I discharge and release the HBL, its members, agents, officers, representatives and volunteers from and against any and all liability arising out of or connected in any way with my participation in this HBL event, even though that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above. I acknowledge, agree, and represent that: I understand the nature of bicycling activities, and I am qualified, in good health, and in proper physical condition to participate in the HBL Ride. I will wear a buckled, properly fitted helmet when bicycling. I understand children under 16 years of age must be accompanied by an adult. I also provide HBL permission for use of my picture or video for non-profit promotional material.

| Ride Title | Route | Terrain/Pace | Distance        |
|------------|-------|--------------|-----------------|
| Leader     | Date  | Cell Phone   | Emergency Phone |

|                            | 1                | Please print clearly! |  |           |              |
|----------------------------|------------------|-----------------------|--|-----------|--------------|
| <u>Name</u> (first & last) | <u>Signature</u> | HBL<br>Mem.?          | Please print clearly!<br>Phone # to call in<br>emergency | My cell # | <u>Email</u> |
| 1.                         |                  | Y / N                 |  |           |              |
| 2.                         |                  | Y / N                 |  |           |              |
| 3.                         |                  | Y / N                 |  |           |              |
| 4.                         |                  | Y / N                 |  |           |              |
| 5.                         |                  | Y / N                 |  |           |              |
| 6.                         |                  | Y / N                 |  |           |              |
| 7.                         |                  | Y / N                 |  |           |              |
| 8.                         |                  | Y / N                 |  |           |              |
| 9.                         |                  | Y / N                 |  |           |              |
| 10.                        |                  | Y / N                 |  |           |              |
| 11.                        |                  | Y / N                 |  |           |              |
| 12.                        |                  | Y / N                 |  |           |              |