We have workshops for every level of rider, whether for business districts, like Waikiki, or inclusive ridealoha. We offer discounts on HBL's membership. There's something for everyone! Wanting to improve your mechanical skills? We've got you covered. Take the time needed to know and practice the rules of the road. A bicycle is a vehicle. When you take to the road, a helmet is required for riders of all ages 16 and under but are riding with the flow of traffic. Always yield to pedestrians when crossing intersections. Know the hand signals and be predictable by signaling ahead of time. The Bus is equipped with front racks for secure your bicycle frame. Be courteous by riding single-file. Be aware of your surroundings by removing distractions and slowly and cautiously. Remember that bicycles are not just for recreation. They are a viable mode of transportation, and the law should reflect that. Remember to ride responsibly. 

Hawaii Bicycling League

The Bus:

Complete List of Bike Laws:

(e.g. Kalanianaole Hwy) Hazards:

Be aware of your surroundings by removing distractions and slowly and cautiously. Remember that bicycles are not just for recreation. They are a viable mode of transportation, and the law should reflect that. Remember to ride responsibly.

Points of Interest

1. Waterway Beach Park
2. Flatiron Park
3. Maluhia Point
4. Mission Bay Center
5. Point Dume
6. Pacific Bay
7. Palisades Regional Park
8. Rainbow Beach
9. Rincon Point
10. Ocean Park

Transit Centers

1. Mililani Transit Center
2. Waialae Transit Center
3. Wahiawa Transit Center
4. Hale Nalu Beach & Bike (808) 696-5897

Bike Shops

1. Waimanalo Bike & Shop (808) 444-8807
2. The Bike Shop (808) 696-9173 (includes airport)
3. Golden Hour Repair (808) 776-1100

Legend

Dedicated space for cyclists or 4ft+ shoulder. Multi-Use Path

Physically separated from traffic and shared with walkers and runners.

Bikes prohibited. 25 mph speed limit, substantial traffic or some shoulder on high speed roads. Frequent fast traffic and limited or no shoulder. High-Stress Connection. Shared Road

Moderate-Stress

25 mph speed limit, substantial traffic or some shoulder on high speed roads.