

Start Order Determined by riding style and ability for an enjoyable, safe ride. Group A starts in front, Group D in the back.

Group A Ride monthly 300 miles/19mph avg (500km/30km/hr), Experienced with group riding.

Group B Ride monthly 120miles/13mph avg (200km/20km/hr). Experienced in long rides.

Group C Ride less than 20 miles per week. Ride slowly and enjoy the scenery. Longest recommended distance is 50 miles.

Group D For parents with children under 5. Longest recommended distance is 20 miles. All children under 15 must be accompanied by an adult.

Route Start in Haleiwa Town at Kaiaka Bay Beach Park at 7:30 a.m. Course leaves Haleiwa and follows the North Shore to Sunset Beach Elementary, Kahuku High School, and Swanzy Beach Park. Riders turn around at respective aid stations back to Kaiaka Bay Beach Park. Course closes at 2:30 p.m.

Bicycle Helmets & Headphones Bicycle helmets are mandatory, must be properly fastened at all times. Headphones, ear buds not allowed.



Registration

Mail, walk-in, or fax (808-735-7989) Hawaii Bicycling League 3442 Waiialae Ave, Suite 1, Honolulu HI 96816. * Must be received in HBL office by April 26.

Online via HBL.org by April 26.

Ride Day Registrations Sunday April 29 at Kaiaka Bay Beach Park.

Packet Pickup registration deadline:

Register by April 15 to have packet available for pickup on Saturday, April 21 in Honolulu. All registrations after April 15 will receive packets on ride day at Kaiaka Bay Beach Park.

Packet Pick-Up Saturday April 21 at Waikiki Elementary School from 9am-1pm. 3710 Leahi Ave (Corner of Leahi and Monsarrat)

* Packets are not available at HBL office.

Ride the North Shore with Hawaii Bicycling League's John B. Kelley Haleiwa Metric Century Ride, recognized by Bicycling Magazine as one of "The 50 Best Rides in the USA". Riders of all skill levels begin at Kaiaka Bay Beach Park in Haleiwa, where they'll ride along the North Shore all the way to Swanzy Beach Park and back.

The Ride supports the Hawaii Bicycling League, a 36-year old member-based 501(c)(3) nonprofit. The Haleiwa Metric Century Ride is dedicated to John B. Kelley, avid cyclist and former HBL Board President.

To join or find out more visit us at www.hbl.org or call (808) 735-5756.

HALEIWA METRIC CENTURY RIDE 2012



**SUNDAY APRIL 29
KAIAKA BAY BEACH PARK**



Ride Aloha

2012 Haleiwa Metric Century Ride

3442 Waiialae Ave., Suite 1, Honolulu, HI 96816
 Phone (808) 735-5756 | Fax (808) 735-7989 | bicycle@hbl.org
 Register online at www.hbl.org or active.com

LAST NAME		FIRST NAME		AGE	<input type="checkbox"/> M <input type="checkbox"/> F
ADDRESS		CITY		ZIP	
		STATE		COUNTRY	
PHONE		EMAIL (required for confirmation)			
HBL MEMBER NUMBER #	I'VE RIDDEN _____ HALEIWA METRIC CENTURY RIDES	I WILL RIDE (circle) 25 50 100 Kilometers		Ride Order <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D	
EMERGENCY CONTACT NAME		EMERGENCY CONTACT PHONE #			

<p>RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, and INDEMNITY AGREEMENT</p> <p>In exchange for being permitted to participate in Hawaii Bicycling League (HBL) sponsored bicycling Activities, I understand, agree and represent (for myself, assigns, heirs, personal representatives, and next of kin) that:</p> <p>Risks and dangers. The Activities will be on public roads open to vehicles, where many hazards can be expected. I can be seriously injured, permanently disabled, paralyzed, or die. I will read, listen and follow safety instructions and warnings on the course.</p> <p>Personal responsibility and Acceptance of Risks. I am qualified, in good health and proper physical condition to participate. I am personally responsible and will use my own judgment for my safety. If conditions are unsafe I will immediately stop participating. I accept and assume the risk of injury caused by me, the negligence of others, the course and conditions, including risks and social/economic losses not known or readily foreseeable at this time.</p> <p>Release of others and indemnification. I release, discharge, and agree not to sue HBL employees/directors/members/volunteers, participants, owners/lessors/lessees/ licensees of land where the Activities take place (Releasees). If a claim involves me, I will indemnify, save and hold harmless each of the Releasees from litigation expenses, attorney fees, loss, liability, damage, or costs.</p> <p>Photography. I provide HBL permission for free use of my name, voice, picture, video in news and advertising for HBL.</p> <p>Giving up substantial rights. I have read and understand that I have given up substantial rights by signing this agreement. I am to be bound by it as a complete and unconditional release of all liability to the greatest extent allowed by law.</p> <p>For Minors (Under 18). I am the parent/legal guardian of the minor. An adult will accompany minors under 15 years old.</p> <p>Participant/Parent/Legal Guardian Signature _____</p> <p>Print Name of Participant _____ Age _____</p> <p>ONE FORM PER PERSON, NOT VALID UNLESS WAIVER IS SIGNED.</p> <p>Entries are non-transferable and non-refundable. 013012</p>	<p style="text-align: center; color: red;">Register by 4/15/12 for a free dry-fit T-shirt. T-Shirts not included for registrations received after 4/15/12.</p> <table border="1" style="width:100%; border-collapse: collapse;"> <thead> <tr> <th style="background-color: #e0e0e0;">Registration</th> <th style="background-color: #e0ffe0;">Regular 1/1 - 4/15/12</th> <th style="background-color: #ffe0e0;">Late 4/16-4/26/12</th> <th style="background-color: #e0e0ff;">Ride Day 4/29/12</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>HBL Member</td> <td style="text-align: center;">\$50</td> <td style="text-align: center;">\$60</td> <td style="text-align: center;">\$80</td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td>Non-Member</td> <td style="text-align: center;">\$65</td> <td style="text-align: center;">\$75</td> <td style="text-align: center;">\$100</td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td>Keiki (<15) accompanied by adult</td> <td style="text-align: center;">\$30</td> <td style="text-align: center;">\$30</td> <td style="text-align: center;">\$50</td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td>Dry-fit T-Shirt (Unisex) Circle size</td> <td colspan="2">XS S M L XL XXL (Youth=Adult XS)</td> <td>T-Shirt Not Included</td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td style="background-color: #ffff00;">Roberts Hawaii Bike & Rider Bus Service \$10 round trip</td> <td colspan="3" style="text-align: center;">Circle departure point: Downtown Honolulu Kailua Kapolei <i>Further details will be emailed by 4/15/12.</i></td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td>2012 HBL Club Jersey</td> <td colspan="3">(Unisex) Circle size: XS, S, M, L, XL, XXL <i>HBL Member \$75, Non-Member \$90</i></td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td colspan="4">Ono plate lunch at Kaiaka Bay Beach Park from 10am-2pm Main dish, rice, salad for \$7 if preordered; \$8 at the park. Lunches are fundraisers for community organizations. <input type="checkbox"/> Garlic Shrimp <input type="checkbox"/> Vegetarian Burger <input type="checkbox"/> BBQ Short Ribs</td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td>HBL Membership</td> <td colspan="3"> <input type="checkbox"/> \$25 Individual 1yr <input type="checkbox"/> \$500 Lifetime Membership <input type="checkbox"/> \$31 Family 1yr (list names): _____ </td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td colspan="4">Donation to HBL for Safer Streets and Bicycle Education</td> <td style="text-align: center;">\$ _____</td> </tr> <tr> <td colspan="4">Total</td> <td style="text-align: center;">\$ _____</td> </tr> </tbody> </table> <p>Payment <input type="checkbox"/> Cash <input type="checkbox"/> Check (Payable to HBL) <input type="checkbox"/> Charge (MasterCard, Visa, AMEX, Discover) 3-Digit Code on Back _____</p> <p style="text-align: center;">VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> Expiration date <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/></p> <p style="text-align: center;">Card # <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/></p> <p>Cardholder Signature _____ Date _____</p>	Registration	Regular 1/1 - 4/15/12	Late 4/16-4/26/12	Ride Day 4/29/12	Total	HBL Member	\$50	\$60	\$80	\$ _____	Non-Member	\$65	\$75	\$100	\$ _____	Keiki (<15) accompanied by adult	\$30	\$30	\$50	\$ _____	Dry-fit T-Shirt (Unisex) Circle size	XS S M L XL XXL (Youth=Adult XS)		T-Shirt Not Included	\$ _____	Roberts Hawaii Bike & Rider Bus Service \$10 round trip	Circle departure point: Downtown Honolulu Kailua Kapolei <i>Further details will be emailed by 4/15/12.</i>			\$ _____	2012 HBL Club Jersey	(Unisex) Circle size: XS, S, M, L, XL, XXL <i>HBL Member \$75, Non-Member \$90</i>			\$ _____	Ono plate lunch at Kaiaka Bay Beach Park from 10am-2pm Main dish, rice, salad for \$7 if preordered; \$8 at the park. 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✂----- Tear here to keep information below for your reminder -----

Packet Pick-Up SATURDAY 4/21/12 For registrations received by 4/15/12- Waikiki Elem School 3710 Leahi Ave. Registrations received after 4/15 receive packet ride day at Kaiaka Park. Packets are not available at the HBL office. Updates at www.hbl.org.